



**Dear EMT/WEMT Registrant,**

Welcome to the SOLO Southeast EMT Basic/Wilderness EMT class! We are looking forward to your arrival. Here is some additional information you will need regarding the course and your stay at NOC.

### **Course Payments & Start Date**

Please review for accuracy. A \$400 non-refundable deposit is due at the time of booking. The course must be paid in full **60 DAYS** prior to the course start date. On Sunday, the first day of class, plan to check in at 8:00 am at SOLO Southeast. We will start class promptly at 8:00 am on Sunday.

### **Cancellation Policy**

- Cancellations 60 or more days prior to the start of the course will receive a 100% refund minus the \$400 non-refundable deposit.
- Cancellations made 59-45 days prior to the start of the course will receive a 75% refund minus the \$400 non-refundable deposit.
- Cancellations made 44-22 days prior to the start of the course will receive a full reservation booking voucher\* minus the \$400 non-refundable deposit.
- Cancellations made 21-0 days prior are not extended a refund or voucher.
- Students are allowed a 1-time transfer into a later course with no penalty if done 21 days or more prior to the course start date.

*\*Reservation booking voucher to be used within one year from the date cancelled.*

### **Lodging**

There are various lodging options available at NOC at a discounted rate to students. Most students opt for our bunkhouse called Basecamp. This is very basic, shared lodging. You should expect to share the room with at least one other EMT student of the same gender. These rooms have heat and air conditioning. You will also have access to a communal kitchen, refrigerator, showers and laundry. Please bring your own bath and bed linens (beds are twin size) and a flashlight. We recommend bringing everything you need to cook and store your meals. All NOC buildings are smoke-free. Do not plan to store alcohol in the community refrigerator, as minors have access to this area. Shared Basecamp lodging is \$11.25 (*plus tax + fees*) per night for EMT students.

Private Basecamp rooms are available starting at \$28/night for a two-bunk room.

Lodging packages start the evening before the first day of the course and run through the evening of the last day of the course. (Additional lodging is available as needed). **This lodging option is not guaranteed. Register early to ensure that you get a discounted spot in Basecamp.**

**WE MUST ASK THAT YOU LEAVE YOUR PETS AT HOME.**

**Nantahala Outdoor Center and SOLO Southeast**

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## Meals

While we do not offer a meal plan, participants will be offered a 20% discount card for use at our restaurants (hours vary by season). For those lodging at NOC, kitchen facilities (refrigerators, ovens, stoves, and microwaves) are available in the community building at Basecamp. We recommend bringing everything you need to cook and store your meals. The closest grocery store is Ingles in Bryson City, about 13 miles from NOC.

## Course Attendance and Dismissal

Students are participating in a professional qualification and are asked to consider this during the class. 100% attendance in all lecture and practical sessions is mandatory. Being on time to class is also expected every day. Repeated tardiness or absences are grounds for immediate dismissal. Tardiness or not appearing for a clinical rotation is grounds for dismissal. **There will be no refunds if dismissed from course.** Inappropriate behavior or the underage consumption of alcohol constitute grounds for immediate dismissal from SOLO courses without a refund. Although alcohol is allowed on campus at NOC, arriving to class late or repeatedly hung-over is unacceptable. Any evidence of use of illicit drugs is not tolerated and will also be instant grounds for dismissal from the program. NOC believes that training students as EMTs is a big responsibility and expects a high level of professionalism from its students.

## Assumption of Risk and Release of Liability/Medical Information

NOC is home to SOLO Southeast; however, NOC is hosting this course, which is why you will be filling out an NOC waiver and medical history form. You will also be asked to consent to a background check, and photography release to participate in this course. (See below for more information on these requirements)

## Mandatory Documentation

We Utilize CastleBranch, a third-party reporting system. We will notify you when your account is authorized so you can begin submitting your documentation. The cost to the student for this system is between \$110.00- \$120.00

## **Required Documentation: All to be submitted via Castlebranch**

1. **NOC Waiver and Release Form** (PDF Format)
2. **NOC Medical Form**
3. **NOC Student Policies**
4. **Photo for ID badge**
5. **EMT Clinical Placement Inquiry Authorization Release – Background Check Form.** You cannot have any felony convictions. (Directions in CastleBranch)
6. **Proof of graduation** from high school or a GED (a 10<sup>th</sup> grade reading level is assumed part of this requirement). A diploma from an accredited two- or four-year college or university will also be accepted. (PDF Format)
7. **Completion of all clinical orientation manuals.** Submissions must include all pages (details are in this packet).
8. **HPSO Insurance policy**

## **Immunizations, TB test and other requirements:**

1. Full Covid-19 Vaccination.
2. Proof of clinical insurance obtained from HPSO (*details are listed below in the section called "Requirements for Clinicals"*)
3. Drug Screen: Must be completed by student and verified by a doctor or testing facility. Submitted through Castlebranch. Please note that it can take a week or more for results to be ready. Please see directions in CastleBranch.
4. Provide proof of a negative Quantiferon Gold TB test or have a clear chest x-ray if you have a positive TB test. This must be verified within six weeks from clinical dates. (*clinical start 1 week after the class start date*)
5. Provide proof that you are current on the following immunizations. Proof can be school records, doctor's records, military service records, titers, or a statement signed by your physician:
  - **TB Test** **Must be Quantiferon Gold**. If you have a positive TB test, you must present a clear chest x-ray. These must be verified within six weeks from clinical dates (clinical start 1 week after the class start date).
  - Immune status to **MMR** (series of 2 or titer showing immunity)
  - **Tdap** vaccine.
  - **Varicella** Series of 2 or a titer showing antibodies
  - **Hepatitis B** vaccine is recommended but not required. If you do not have proof of current Hepatitis B vaccination, you must sign a declination waiver.
  - **Tetanus** vaccine within the last ten years
  - Current **flu vaccine** (if the course occurs between October 1 and March 31)

We have partnered with hospitals and EMS services that have mandatory requirements for vaccinations. If you do not have these vaccinations or choose not to have them, you will not be able to take the course.

**You MUST submit records of your Quantiferon Gold test, proof of immunizations and all other required paperwork to CastleBranch at least two weeks prior to course start date or you will be assessed a \$75.00 late fee. There is a checklist in this packet listing all required documentation to help you in this gathering process.**

**Students who have not submitted their paperwork 7 days prior to the start of the course may be dismissed from the course without a refund.**

## **TEXTBOOKS**

You will receive your textbook via UPS/Fed EX/USPS two months prior to the course start date, or upon registration if within two months prior. The tuition fee includes the cost of the textbook. You are responsible for bringing the text with you to the course, failure to do so will result in an additional fee for having to re-order and ship the text.

**\*\*Note: There will be approximately 16 hours of pre-course work to be completed prior to your first day of class, details will be sent out with your textbook tracking number.**

## **Notebooks and Texts Provided:**

- Brady Emergency Care (14<sup>th</sup> edition)
- Wildcare SOLO textbook (for students completing the Wilderness-EMT)
- You should bring pens, pencils, paper, and any other school supplies needed.***

## **Recommended Gear List **Nantahala Outdoor Center and SOLO Southeast****

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**EMT Intensive course:**

- Approved clothing for clinicals (see below)
- Waterproof Jacket
- Wrist watch (cell phone is not sufficient)
- Pens and any other office supplies necessary for studying (notebooks, highlighters, sticky- notes, etc.)
- Clothing appropriate to the weather for hands-on scenarios

**Wilderness EMT (as above and...):**

- Backpack for carrying gear (medium to large)
- Rain gear (tops and bottoms)
- Layers of clothing (for splinting exercises and to keep yourself warm during scenarios)
- Warm hat or sun hat (depending on season)
- Water bottles (at least 1 quart/liter)
- Head lamp or flashlight
- Footwear appropriate to the terrain (closed toes, no flip flops)
- Insect repellent (seasonal)
- Sunscreen (seasonal)
- Clothing that could be worn on a rafting trip (seasonal)

**Additional items (not required):**

- Old sleeping bag or blanket
- Footwear you don't mind getting wet
- Knife
- Plastic tarp or groundsheet (min 6'X6')
- Sleeping pad (ensolite or thermarest)
- Personal first aid kit (Band-Aids etc.)
- Some of our scenarios may be water based; if you have your own wetsuit, PFD, water shoes, splash gear etc. please feel free to bring them, although we will supply all necessary gear free of charge

**Clinical Experience**

In addition to class time, EMT students are required to spend **48 hours** observing in a clinical setting. SOLO arranges observation periods on non-class days. Shifts are 12hrs long and may be at an ambulance base, hospital emergency room or other care facility. Shifts are generally scheduled on weekdays. For hospital/clinic observation, you must dress and act professionally following the clinical sites' dress and behavior codes:

- Collared shirt provided by NOC
- Black EMS-style utility pants (no jeans, shorts, skinny pants, or sweats)**
- Black EMS boots (no high heels, sneakers, or sandals). Shoes must be in good condition**
- All bodies and clothing must be clean and neat
- Long hair must be clean and pulled back (unnatural hair color may not be acceptable)
- All sites require removal of excess jewelry and visible non-traditional body piercings
- We also ask that you not have any visible tattoos (the use of a long sleeve undershirt to cover the lower arm is acceptable)

**Acceptable Attire and Personal Appearance** **Outdoor Center and SOLO Southeast**

You are at the clinical site as a guest observing patients who have come to their facility expecting a certain standard of cleanliness and professionalism. Your appearance is often the patient's first impression of the emergency medical services. Your demeanor around patients and care-givers is also important: how you act and talk can affect the atmosphere. There is always the possibility of contact with bodily fluids. Appropriate clothing helps reduce the risk of exposure. The latest information regarding infectious disease precautions will be explained by your instructor.

### **Transportation**

The clinical locations range from 20-50 minutes away from the NOC. You will be responsible for your own transportation. It is usually possible to carpool with another student. Please let our office know if you will not have a vehicle, we can provide a list of shuttle drivers in the area, please note that an additional fee may apply.

### **Clinical Orientation Manual**

As part of our clinical partnership with West Care, all students **MUST** complete the Clinical Orientation Manual sent to you along with this information packet. Once completed it is very important that you send original printouts of **appendices A through E**.

### **Liability Insurance- In CastleBranch**

Students are required to purchase their own liability insurance for clinical observation and interaction with patients. The insurance is provided by HPSO, lasts one year, and costs \$38.00. To obtain the clinical insurance, follow the steps listed in your CastleBranch account.

### **Testing**

Testing is an important component of taking this accelerated EMT. You must have good reading ability (10<sup>th</sup> grade at minimum) and not suffer severe test anxiety or disability. You will take daily quizzes, weekly tests, and a final written exam.

In order to evaluate your progress and eventual proficiency, appropriate tests and quizzes will be frequently administered including: ASHI CPR Pro, First Responder, SOLO Wilderness EMT, and National Registry EMT practice tests.

- The American Safety and Health Institute CPR for the Professional exam requires a passing score of 70% or better. You must pass CPR to attend clinical rotations and pass the course. **\*CPR will be administered within the first week of the course, the SOLO office staff will upload your CPR card to CastleBranch at that time. Previous CPR certifications will not be accepted**
- Each SOLO test has both a written and practical component requiring a passing score of 70% or better.
- All exam candidates must be appropriately dressed. Tank tops, short-shorts, tight clothing, cut off shirts and/or pants are examples of inappropriate attire. Inappropriately dressed candidates will be asked to leave the testing facility.

**PLEASE NOTE THAT IF YOU FAIL TO ACHIEVE AN 70% OR HIGHER ON YOUR FINAL SOLO TEST, YOU WILL NOT BE ABLE TO TEST FOR STATE OR NATIONAL REGISTRY EXAMS. PAYING FOR THE CLASS DOES NOT GUARANTEE PASSING THE CLASS.**

### **Licensure**

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SOLO students will take the SOLO final exam and the NREMT practical exam on the last day of class. Students must pass both tests to pass the course.

- Upon successful completion of SOLO Southeast's EMT class you will be able to take the National Registry written examination, NC State examination or both. Reciprocity with your home state is not guaranteed. **Please consult your state Office of EMS regarding their reciprocity requirements. This will help you understand what you will need to do after course completion to become certified in your state.**

### **Other Services and Information Phones**

- Because of our location in the mountains, cell service can be spotty. Verizon has the best coverage
- The SOLO Office phone number is 828-366-7517
- In an **emergency** you can contact Jonathon Bryant, SOLO Southeast EMT Director at 603-733- 6636
- There are no public phones in the Basecamp lodging facility

### **Email**

Free wireless internet is available throughout NOC; however, service can be spotty in our lodging facilities.

### **Mail**

You can receive mail at NOC during your stay. Please notify our office staff so that we can be sure to get the mail to you. The address should read:

Your Name – EMT (or WEMT) Student C/O Nantahala Outdoor Center  
13077 Highway 19 West Bryson City, NC 28713

### **Laundry**

Coin operated washers and dryers are available in the rear of our General Store. There is also a laundromat in Bryson City for the big jobs.

### **Entertainment**

We do have TVs in the cabins (not Basecamp), as well as at River's End Restaurant and Big Wesser BBQ (open seasonally). Movie theaters are about 40-45 minutes both to the east on US 74 in Sylva and west on US 74 in Andrews. Bring running, biking (mountain and road), hiking and rain gear to experience the best of the Smoky Mountains.

### **Outfitter's Store**

Our two-story Outfitter's Store features an incredible selection of equipment, apparel, and accessories for the outdoor world. From high-performance kayaks to the latest trail shoes, we carry top brands and a selection of innovative gear you won't find anywhere else.

### **Weather**

The weather in western NC is extremely variable. Please check the weather for zip code 28713 before you arrive. Come prepared to be outside for long periods in any weather. In the winter, pack for snow. In the summer, be ready for rain and highs in the 80s.

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### **Functional Requirements for EMT Students.**

This EMT class has been certified by NC Office of EMS and the National Registry of Emergency Medicine Technicians based on the Department of Transportation's EMT curriculum. Students enrolled in this program must participate in all practical labs, which include indoor and outdoor scenarios (day and night) and pass all practical and written exams to receive certification.

SOLO Southeast is a strong advocate of inclusiveness and diversity. There are however some physical restrictions that may preclude people from taking this class and receiving certification as an EMT. SOLO regrets that certain exceptions cannot be made due to safety and training requirements for certification. If you are unable to complete any of the requirements listed below, you must contact us. We are happy to discuss any restrictions you have or accommodations you may need.

All students must be able to:

1. Be able to dead lift a minimum of 80lbs to waist height.
2. Negotiate all types of non-technical terrain, in all weather conditions.
3. Communicate patient information to other caregivers face-to-face, by radio, or by phone.
4. Display suitable self-confidence and communication skills to control a dynamic scene such as a highway or crowded space.
5. Be able to perform a full physical patient assessment, including; breathing, airway, circulation and be comfortable assessing patients of any gender.
6. Be able to read small writing on a medication bottle or vial with a minimum of 20/20 vision (correction lenses are acceptable).
7. Work for long hours and/or go without sleep. Class starts at 7.30am and students often don't finish class until 9pm. One of our scenario training days lasts a full 24hrs without allocated time for sleep.

We look forward to having you here. Good luck with your preparation and feel free to call us with any questions you may have.

**Jono Bryant**  
EMT Program Coordinator

**Barrett Wood**  
SOLO Manager

**Sara Basse**  
SOLO Booking & Sales

# NOC Campus

## ★ NOC ADVENTURE CENTER

### CHECK-IN FOR ALL ACTIVITIES HERE

- Adventure Pass
- Whitewater Rafting
- Lake Tour Rentals
- Mountain Bike Rentals
- Mountaintop Zip Line Tour
- Zip Line Adventure Park

- 2 River's End Restaurant
- 3 Big Wesser BBQ & Brew
- 4 Outfitter's Store
- 5 Mountain Top Zip Line Tour
- 6 Zip Line Adventure Park
- 7 Alpine Tower
- 8 Fontana Lake Launch Area
- 9 Treetop Adventure Nets
- 10 Paddling School

**#11 SOLO (formerly Relia's Garden Restaurant) is where course check-in and your classroom are located.**

- 11 1st floor Relia's Garden Group Dining  
2nd floor SOLO Wilderness Medicine
- 12 Deluxe Cabins
- 13 Dogwood Motel
- 14 Basecamp
- 15 Platform Tents
- 16 Kleinrath Hall
- 17 Stonehouse
- 18 Custom Group Check-in
- 19 General Store
- 20 Photo Finish



### RIVER FEATURES

- 21 Concrete Beach
- 22 Nantahala Falls
- 23 Viewing Platform
- 24 NOC Raft Take Out
- 25 2013 Freestyle Worlds Wave
- 26 Big Wesser Falls
- 27 Wesser Creek Falls

- Restrooms
- Showers
- Appalachian Trail
- Great Smoky Mountain Railroad
- Walkways
- Trails

[www.noc.com](http://www.noc.com)

800.232.RAFT

SUBARU Coca-Cola

Please be aware that this map does not represent changes in topography. Much of our property is steep and may be challenging to walk.

# NANTAHALA OUTDOOR CENTER

## Nantahala Outdoor Center and SOLO Southeast

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