



WILDERNESS MEDICINE & SURVIVAL SCHOOL



NANTAHALA OUTDOOR CENTER

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What is SOLO?

STONEHEARTH OPEN LEARNING OPPORTUNITIES (SOLO) HAS PROVIDED EXPERTISE IN WILDERNESS MEDICINE SINCE THE ORGANIZATION'S FOUNDING IN 1976.

As a leader in the outdoor industry, Nantahala Outdoor Center (NOC) is proud to be the Southeastern home for this renowned training program. Situated at the intersection of the Nantahala River and the Appalachian Trail, NOC is the perfect venue to offer specialized training and industry-recognized certification opportunities for outdoor trip leaders, disaster relief workers, outdoor enthusiasts, missionaries, military teams, EMTs, paramedics, nurses, physicians, and other medical professionals seeking a *premiere* experience.

Known for innovative and specialized educational techniques, SOLO's commitment to preparing people for outdoor pursuits is unmatched. Whether it's while rock climbing or backcountry skiing, paddling or hiking, SOLO instructors teach students to manage any outdoor emergency. Certifications are recognized by state EMS licensing boards, professional guiding organizations, NREMTs, the US Coast Guard, the American Camping Association, the Continuing Education Coordinating Board for Emergency Medical Services, and many others.



As a leader in the outdoor industry, NOC is proud to be the Southeastern home for this renowned training program.



Why Go SOLO?

IN THE BACKCOUNTRY, ANYTHING CAN HAPPEN.

Even with top-of-the-line gear, years of experience, and the best intentions, outdoor emergencies still occur. When you're miles from the nearest road and help is hours or even days away, a minor injury can quickly become a serious situation. Knowing how to prevent illness and injury, understanding when and how to evacuate an injured person, and staying current with medical training will ensure your own safety and that of your group. Wilderness Medicine training is a vital part of preparation for anyone

who loves to engage in outdoor recreation, and it maximizes the enjoyment of any trip.

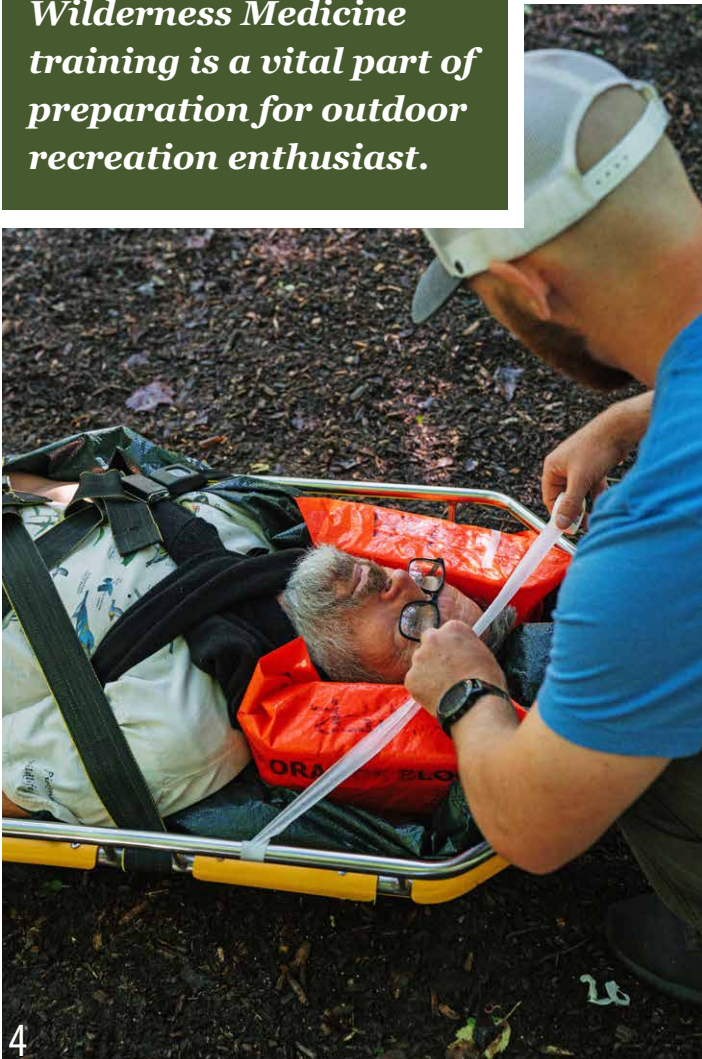
SOLO provides a wide range of courses to fit numerous needs, and many fulfill continuing education credits for medical professionals. All courses are experiential in nature, providing hands-on practice, rescue scenarios and a student-centered environment to enhance learning.

INDUSTRY-RECOGNIZED CERTIFICATIONS INCLUDE:

- CPR & AED
- Wilderness First Aid (**WFA**)
- Advanced Wilderness First Aid (**AWFA**)
- Wilderness First Responder (**WFR**)
- Wilderness First Responder Recertification
- Emergency Medical Technician (**EMT**)
- Wilderness EMT (**WEMT**)
- Wilderness Module for Healthcare Professionals
- Basic Life Support (**BLS**)
- and more.

SOLO SOUTHEAST STUDENTS RECEIVE DISCOUNTS ON LODGING AND MEALS.

Wilderness Medicine training is a vital part of preparation for outdoor recreation enthusiast.



Course Offerings

WILDERNESS FIRST AID (WFA)

2 DAYS

- Provides entry-level training for outdoor enthusiasts to prepare for trips and adventures.
- Covers topics ranging from preparation and prevention to assessment and treatment.
- Results in a **two-year certification**.
- Offered monthly at the Nantahala River in Bryson City, NC and in Roswell, GA, and throughout the year at several other Southeastern locations including Greenville, SC and Chattanooga, TN.



For an additional fee, you can add the CPR & AED course to be included in the first day of WFA.

WILDERNESS FIRST RESPONDER (WFR)

9 DAYS

- The recognized industry standard for outdoor professionals, back country trip leaders, camp counselors, and students in outdoor recreational programs.
- Curriculum includes standards for urban and wilderness situations.
- Addresses environmental emergencies, survival skills, injuries, medical emergencies, decision-making, and much more.
- **Certifications include:**
 - SOLO WFR (3 years)
 - ASHI CPR/AED (2 years)
 - ASHI Epinephrine auto-injector (2 years)
- Rescue scenarios are staged in wilderness settings (like the Appalachian Trail and Nantahala River) and during the night to make this a course like none other.

*"Best CPR/FA class I've taken. SOLO Southeast Instructors obviously love what they do. They keep the class fun and extremely informative."
–Student Testimonial*



Course Offerings

WILDERNESS FIRST RESPONDER RECERTIFICATION

2 DAYS

- Designed for individuals who hold a current WFR certification and need to re-certify.
- Brings you up to date with all new wilderness protocols and refreshes your memory on standard WFR curriculum.
- SOLO Recommends students retake the full WFR course after three recertifications to ensure that skills are maintained to a satisfactory standard.
- SOLO has reciprocity with NOLS, DMM, WMA, Aerie Medical, WMTC and several other organizations. If you do not see the organization listed, please call for information



"I will certainly recommend SOLO SE to friends who also need to re-certify—great experience. Loved the 2-day option for a busy schedule!"
—Student Testimonial

Course Offerings

WILDERNESS MODULE FOR HEALTH CARE PROFESSIONALS

5 DAYS

- Upgrades current EMTs, AEMTs, and Paramedics to the Wilderness EMT (WEMT) level and current nurses, nurse practitioners, PAs, and Physicians to the Wilderness First Responder (WFR) level.
- The course is designed for medical professionals who already have advanced knowledge of patient care but want a better understanding of wilderness protocols and procedures that differ from those taught in for pre-hospital, hospital, and clinic settings.
- Focuses on emergency care when separated from definitive care by distance, time, or circumstance.
- Typically counts for 40 hours of continuing education for National Registry EMTs.
- CPR is not included.



"Great class. The instructor's knowledge, enthusiasm, understanding and competency as a teacher really made a difference in learning the material. Nailed it!"

– Student Testimonial

Course Offerings

EMT & WILDERNESS EMT INTENSIVE

Emergency Medical Technician (EMT) – 3 Week Intensive

- Latest scenario based teaching methodology – more hands-on, less lecture.
- Intensive course includes all of the required classroom hours, clinical hours, practical skills lab, Basic Life Support (BLS), CPR, and AED.
- This is a North Carolina State certified course that meets NREMT requirements.
- Helps prepare students for a career in Emergency Medical Services, the military, or law enforcement.
- Requirements include immunization records, a background check, and proof of high school graduation.

Wilderness EMT (WEMT) – 4 Week Intensive

- Combine the Wilderness Module and EMT classes into a single package.
- Recommended for expedition and wilderness guides, and outdoor professionals seeking the highest level of training SOLO Southeast provides. This training provides a better understanding of wilderness protocols and extended patient care due to distance terrain and/or environmental challenges.
- Focuses on emergency care when separated from definitive care by distance, time, or circumstance.
- SOLO also offers a refresher course that satisfies the NREMT National Component distribution.

Scenario based training methodology and hands-on learning give the most realistic experiences possible.



Contact

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Visit southeastwildernessmedicine.com
for details about SOLO Southeast and for information
about course offerings, schedules, FAQ, and more.

To learn more about Nantahala Outdoor Center,
visit noc.com.



Additional Course Locations:

Roswell, GA • Greenville, SC • Chattanooga, TN

